

## EFFECT OF VASTU DEFECT IN SOUTH-EAST DIRECTION ON FAMILY MEMBERS.

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### Abstract:

Vastushastra is a science which deals with enriching human life through natural energy. The aim of this work is to study the effect of vastu defects in South-East direction on human life by conducting survey and experiments on various aspects of human life. As basic principle of Vastushastra South-East (SE) direction is considered as region of fire element that means there should be kitchen in SE direction of every house.

**Keywords:** Vastushastra, South-East direction.

### Introduction:

Since ancient times, our sages have recognized and studied 64 art forms and 14 subjects which are closely related to human life. They have made this knowledge available to us in the form of different epics. 'Yogashastra' by Patanjali, 'Ayurveda' by Dhanwantri, 'Charakasamhita', 'Arthashastra' from Kautilya, Chanakya's vision of political science, unique mathematical studies by Arya Bhatta, 'Gandharva Veda' which sings the glory of music, Bhrgu's 'Bhrgusamhita' which later blossomed into 'Jyotish Shastra' (Astrology) and many such classical works are intricately connected to human life. In fact Vastushastra is also one such subject.

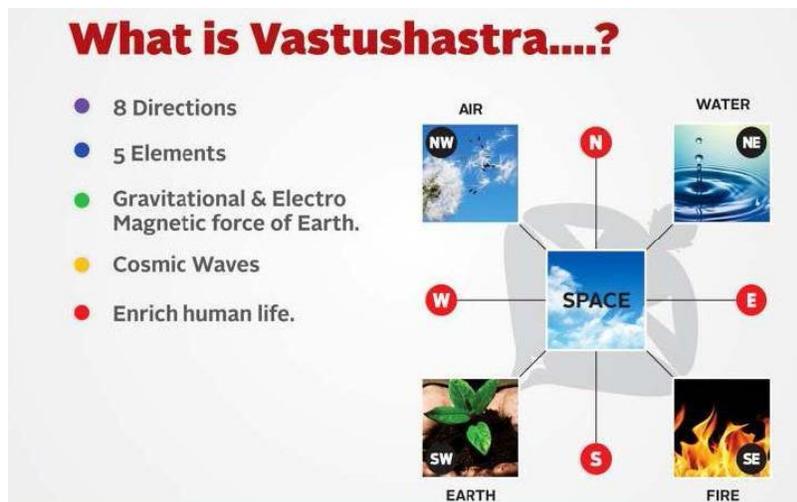
Vedas, the ancient Indian scriptures constitute the supremely beautiful literature evolved anywhere on this Earth. It vividly describes all aspects of human life, the laws and regulations to be observed so as to enable man to lead a happy, healthy and prosperous moral life. In fact, it is a splendid guide to man in this earthly life. Vedas are timeless. They are of divine origin. It is impossible to state whether they were composed by any one individual or in a specific time-span. It can only be said that they were composed much earlier in an oral format even before they were put into the form of written words.

The earliest reference to Vastushastra is found in Atharvaveda in the form of Sthapatyaveda. Sthapatyaveda deals with two aspects of Vastushastra. These two aspects are respectively the Muhurtamartanda and Structural Engineering. References to Vastushastra are also found in the Brahmana literature such as in the Rigveda, Brihatsamhita, Mayamatam,

Vastusar, Vasturatnakar, Vastusandesh, Sutradhar, Vishwakarmashastra, Vishwakarmarahasya etc.

Vastushastra synchronizes the balance between human life and the nature. The five basic elements (namely space, air, fire, water and earth), the eight directions (namely North, North-East, East, South-East, South, South-West, West, North-West) (as shown in fig. 1), the electro-magnetic and gravitational forces of the Earth, the cosmic energy emanating from the planets as well as the atmosphere and its influence on human life have all been taken in to consideration in the Vastushastra.

Figure 1: Five basic elements and eight directions of nature.

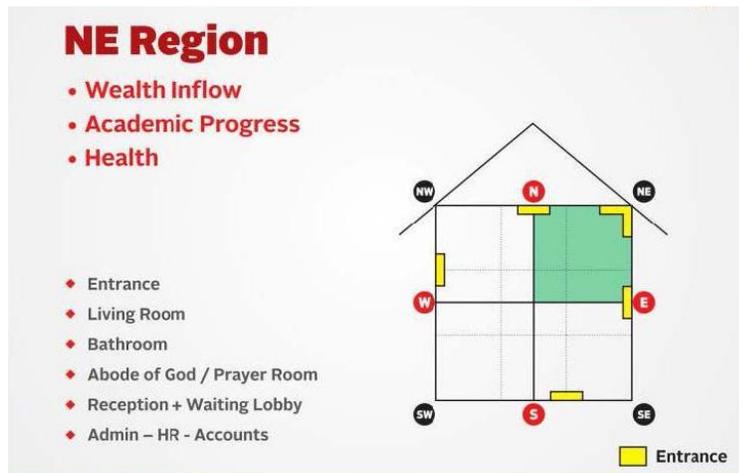


Vastushastra is an ancient Indian Metaphysical Science. The word Meta means spirituality and the word Physical means the Scientific base. It derives its force from five elements, the eight directions and also natural energies such as Solar energy, gravitational forces, universal energies emanating from other planets. All these universal elements are same everywhere in the world and there is no limitation of geography or religion as regards its application. Vastushastra and spirituality goes together. It is closely linked to residential-commercial, industrial and all types of premises used by human being. In fact it is all pervasive and one can be sure of success and progress be it service, profession, business, and politics. Vastushastra Science is very important for health, wealth, academic progress, happy marital life, progeny harmony-co-ordination, career-growth, stability, leadership and creative innovation. Thus it can be understood that this Science can provide luxuries of life. The spirituality can ensure satisfaction and peace of mind. It should also be understood that the Science has certain

limitations but the spirituality is endless. That Vastushastra is a complete Science can be established by the fact that it is a perfect combination of Spirituality and Science.

North-East direction is the direction of Gods. Four things are very important in this direction. They are entrance, living room, bath room, and God's shrine (Pooja Place) in the order of priority. North-East direction is symbol of wealth, health and academic growth (as shown in figure 2).

Figure 2 North-East direction.



South-East (Aagneya) direction is a sub direction between South and East at 45 degrees (as shown in fig. 3) and is basically a region for the fire element. Fire denotes energy which in turn indicates speed, motion and progress. The planetary ruler of South-East direction is Venus which characterizes art and beauty.

Figure: 3 South and East direction.



As per Vastushastra, the kitchen should be located in Aagneya (SE) direction which is the place of 'Fire' element. This will ensure that the fire element is in the proper direction. There are three things namely wealth, health and academic growth which are ensured by orderly placement of things material in North-East and they are accelerated by South-East that is basic principle of Vastushastra.

A vastu with South-East entrance is known for better financial gains or money inflow. However, the financial gains obtained through this entrance cannot be enjoyed by the occupant and it gets wasted or spent in unproductive expenses, knowingly or unknowingly.

The location of the kitchen in the South-East direction is very much essential for the physical and mental health of the persons who are working in kitchen. As they spend much time in the kitchen, it does have a bearing on the effectiveness of their functioning. Due to the penetration of infra-red rays that travel through 45 degree of earth planet, into kitchen, the food gets freed from infection and germs. So the quality of food is excellent. There should be window on East side of the wall that avoids congestion and face of a person in kitchen should be on East direction accessing universal positive energy through Crown chakra. It also contributes to the mental and physical health of the person who is working in kitchen. Result of that is it minimizes health problem. The air flow from window in South-West direction region and it passes through the window of East region, thereby clearing pollution in the kitchen. These are scientific reasons for locating kitchen in South-East region.

There is no kitchen in South-East direction but something else like entrance, living room, toilet, bathroom, bed room, terrace, or cuts are present. This is considered as vastu defect of South-East direction. That gives rise to problems like high unwarranted/unproductive expenses,

health related issues such as acidity/indigestion, family members irritating/losing their temperament very often, and delay/obstacle in work action.

In modern home, we don't get kitchen located in South-East direction in majority cases. Modern architect and real estate developers are mainly concerned with size of plot, floor space index (FSI) available and balancing of wind and light to certain extent and based on mirror image system of architecture they go on constructing houses. Whatever the houses that are available in India are approximately 40% vastu compliant. In other words 60% of the houses are not in conformity with the principle of Vastushastra. So in present day houses that are available kitchen may not be in South-East direction. This was vastu defect we found. So absence of fire element in South-East is a major concern of our research. Here we decided to find out what kind of effect it can have on inhabitants.

#### **Methodology:**

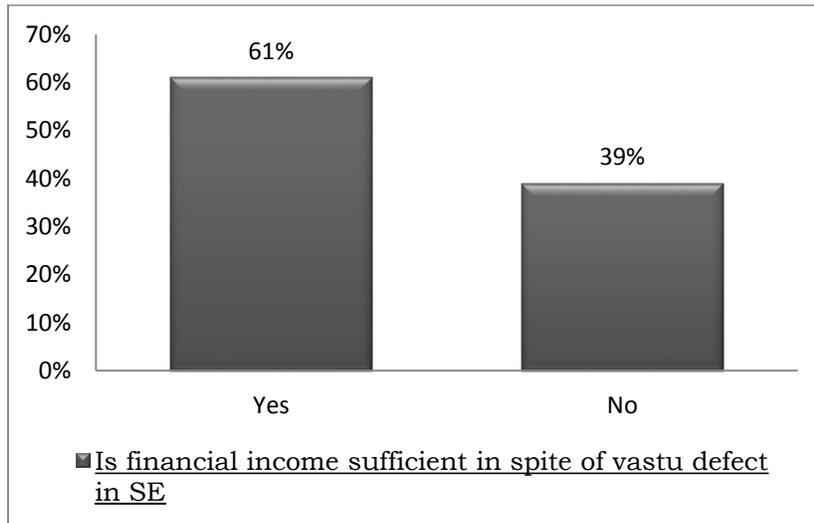
First of all we examine whole vastu completely. Then, we draw the diagram of vastu with perfect dimension. Then center point vastu is calculated and 8 directions are set on the diagram of vastu with the help of magnetic compass, followed by evaluation report of vastu. Then fill in research questionnaire by doing personal discussion with house occupants. This way, we studied 325 cases, but name and contact details of the same are kept confidential for obvious reason for the time being.

Based on South-East defect we analyzed 5 major concerns.

- 1) North-East direction ensures wealth inflow and South-East accelerates the wealth inflow. Based on this we asked question to householder in all these cases "Is financial income sufficient in spite of vastu defect in South-East?" to 325 inhabitants. Out this 262 inhabitants answered either in the affirmative or negative in the form of Yes/No and remaining 19% inhabitants i.e. 63 cases are unable to distinguish between considerable downfall or increases in their money inflow. Thus, they are not sure about the outcome. And hence they are not considered in our present study as their response to our queries is in a way neutral. In order to perfect our study, we therefore, considered 262 families who have given their answers. Again out of 262 inhabitants, 159 inhabitants said Yes, 'our financial income is sufficient' and 103 inhabitants said No. That means 61% inhabitants

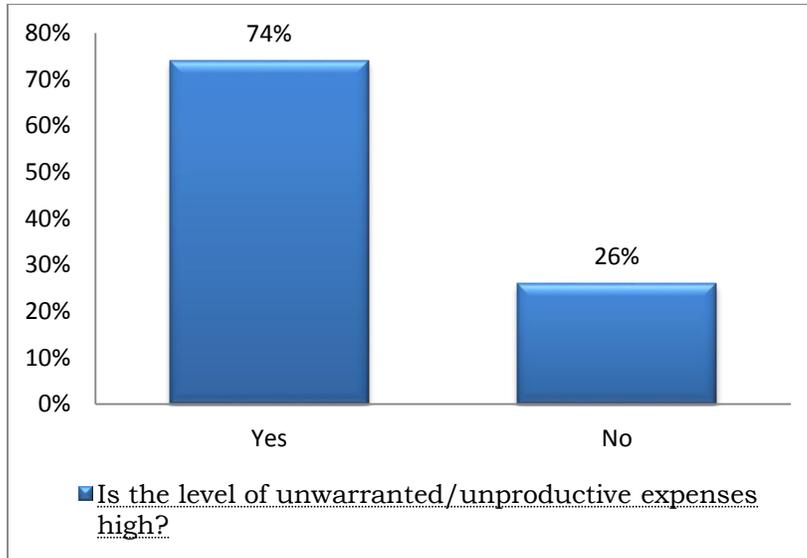
have sufficient financial income in spite of vastu defect in South-East direction.  
(Graphical presentation is shown in fig. 4)

Figure: 4 Graphical presentation of answers in Yes and No format.



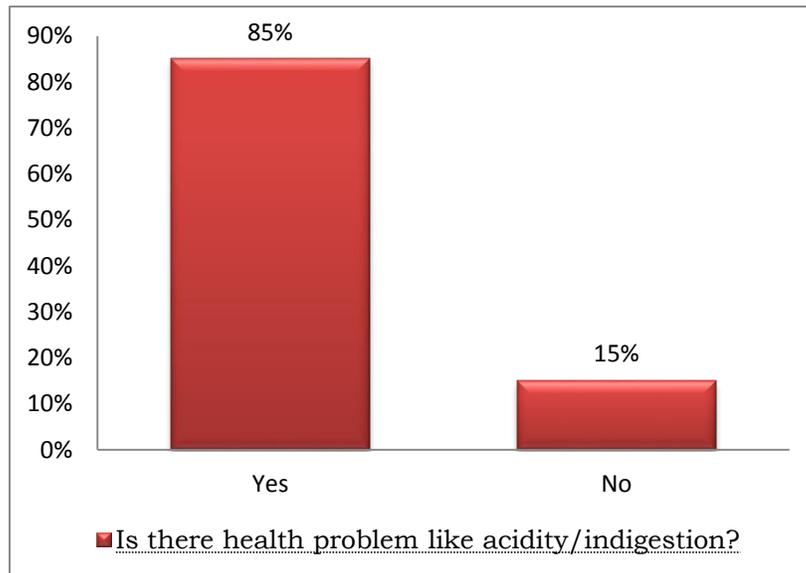
- 2) In spite of South-East vastu defect, there is better financial gain or money inflow. However, the financial gains obtained cannot be enjoyed by the occupant perpetually and it gets wasted in unproductive expenses. We asked 307 inhabitants, “Is the level of unwarranted/unproductive expenses high?”. From that 227 inhabitants stated Yes and 80 inhabitants stated No. That means 74% inhabitants are experiencing higher level of unwarranted/unproductive expenses. (Graphical representation is shown in Figure 5)

Figure 5: Graphical presentation of answers in Yes and No format.



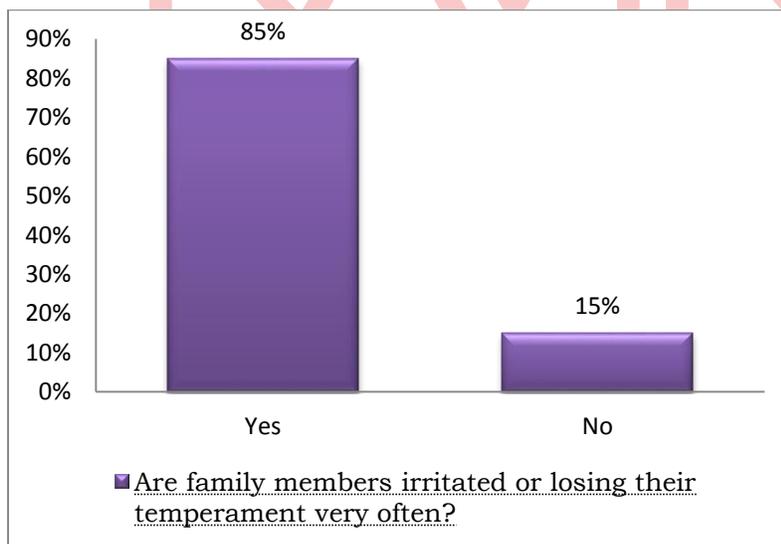
- 3) When fire element is disturbed in a house and people are living in this house, the fire element in body also gets disturbed. Disturbed fire element in human body increases acid secretion that causes acidity as per my understanding and information. In Ayurveda acidity is referred as Jatharagni. We interviewed 163 inhabitants, “Is there health problem like acidity/indigestion?”. Out of this 138 inhabitants stated Yes, ‘we have health problem like acidity/indigestion’ and 25 inhabitants stated No. That means 85% inhabitants are suffering from acidity/indigestion. (Graphical representation is shown in Figure: 6)

Figure: 6 Graphical presentation of answers in Yes and No format.



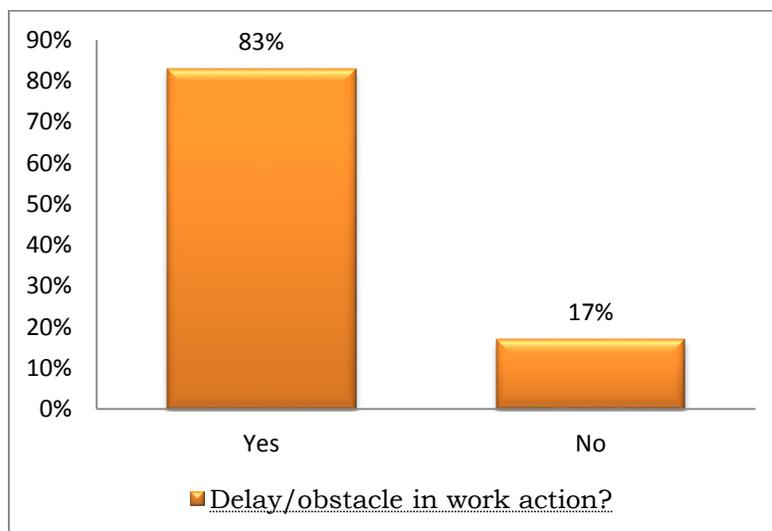
- 4) We also interviewed 280 inhabitants by posing of question “Are family members irritated or losing their temperament very often?”. There are 239 inhabitants who said Yes, “our family members get irritated or they are losing their temperament very often” and 41 inhabitants said No. That means 85% inhabitants are getting irritated or losing their temperament very often. (Graphical representation is shown in Figure: 7)

Figure: 7 Graphical representation of answers in Yes and No format.



- 5) In general fire element acts as a driving force of man and machine. Hence, if the fire element is disturbed in the house, it reflects in performance of persons staying in that house. When we asked 304 inhabitants about “Delay/obstacle in work action?”. The 252 inhabitants said Yes, we have problem of delay/obstacle in work action and 52 inhabitants said No. That means 83% inhabitants have problem of delay/obstacle in work action. (Graphical representation is shown in figure 8).

Figure 8: Graphical representation of answers in Yes and No format.



Since fire element is disturbed, problems like high and unwarranted/unproductive expenses, health related issues like acidity/indigestion, family member getting irritated or loosing their temperament very often, and delay/obstacle in work action get shot up.

Vastushastra design by ancient Saints and Sages has not only narrated problem of human life, but also provided solution for problem, which is in itself greatness of Indian Saints. Accordingly they suggested use of Pyramids, Yantras, and crystals to balance energy disturbance properly. Pyramid attracts positive energy from universe. Yantra produces positive energy. The crystal emits positive energy. This positive energy neutralizes the negative energy produced by vastu defects. It neutralizes negative and untoward effect on human life.

**Conclusion:**

Enriching human life through natural energy forces is basic principle of Vastushastra. But human beings of 21<sup>st</sup> century try to deviate from basic natural principles of Vastushastra that means they are creating disharmony with nature for which they have to pay heavy price in the form of problems such as high unwarranted/unproductive expenses, health problem like acidity/indigestion, family members getting irritated or loosing their temperament very often, and also delay/obstacle in work action is experienced. Such things happen whenever South-East direction of their premises get disturbed. But remedial measures can ensure flow of positive energy; thereby striking balance between nature and human life without structural demolition. This will lead to development of mankind due to happy state of mind.

**Reference:**

Vasturaviraj Vastushastra Vol-1



VASTU  
RAVIRAJ